

## **BORUAK VAWH HUNLAIA TIH LEH TIHLOH TUR TE**

### **Tih tur**

#### **A rawn thlen hma**

- Thlasik kawr tam tawk neih tur. Kawr hak thuah teuh pawh a a tul dan a zirin a tangkai.
- Rikrum thil a lo thlen thut pawh a kan buailo nan nitin mamawh khawl lawk tur.

#### **A thlen lai**

- Inchhung ah a tam thei ang ber tawm hram tur, thli vawt kan inhmer tir lutuk loh nan zin veivah pawh tih tlem tur.
- Hul taka awm tur. Kan lo huh anihpawh kan taksa lumna a reh hma in thawmhnaw ro a thlak vat tur.
- Kutkawr chi hnih awm zingah gloves pangai (kut tang a thun theuh theih chi) aiin mittens (kut tang thunna tur awm velo) hi thlan zawk tur, kut a tilum nuam duh zawk.
- Khawchin thar ber ber hriat nan radio ngaihthlak emaw, TV en emaw newspaper emaw chhiar thin tur.
- Tui lum lampang in deuh reng tur.
- Kum upa lam leh naupang lam te ngaihsaka enkawl tur.
- Khawvawt lutuk na hmuna awm te tan tui lakluhna pipe te a lo khal palh takin tui lak khawl lawk teuh tur.
- Khawvawh lutuk vanga heng harsatna: chawmawlh vek na, kut tang, ke tang, beng, leh hnar hmawr dang vek te a rawn lan leh lanloh inenfiah tur.
- Tiang harstana in a tlakbuak che chuan tui lum ah chiah tur.

#### **Hypothermia nei te tan**

- Hmun lum ah dah vat tur, a kawr haklai thlak sak tur.
- An taksa tihlum nan taksa hlang a intawh, blanket tam tawk tak, towel emaw kawr hman tur.
- An taksa tihlum nan tui lum in tir tur, zu pekloh tur.
- Zual lam a pan anih erawh chuan damdawiin panpui nghal tur.

#### **Tihloh tur te**

- Zu in loh tur, i taksa lumna a tihniam zawk.
- Khawvawh in a hmer na lai chu zut loh tur, hei hian a natna a tizual thei zawk a ni.
- Vawt i tih vanga i khur a nihcuan ngaihthah suh angche. Hetah hian i taksa in a lumna a hlauh tan ani tih hriat a tha, inchhungah luh vat tur.

## **Boruak vawh hunlaia tih leh tihloh tur te/ Agriculture thlai dai khal laia enkawl dan**

### **Tihtur**

- Tui kah deuh chhen tur/ Tlai lam deuhah khawvawh vanga thlai ten harsatna an tawhloh nan tui kah thin tur.
- Thlai la tiak tir deuh te chu buhpawl/polythene/buara in khuh thin tur.
- Balhla thlar te chu polythene (kaw chik chik) hmangin tuam tur.
- Nursery buh: nursery chu zanlamah polythene hmangin khuh a zing lamah hlip leh tur. Tlai lamah nursery chu tui pek tur chuan zing lamah tui tling paihchhuah leh tur.
- Khawvawt laka thlai sensitive tak antam, rajmah leh chana ven nan Sulphuric Acid @ 0.1% (1 litre H<sub>2</sub>SO<sub>4</sub> in 1000 litres of water) emaw thiourea @ 500 ppm (500 gm thiourea in 1000 litres of water) hi kah tur.
- Kan huan te khawvawt in a hmer nasat na hmun a nihchuan thli danna tur thingkung phun tur.
- Khawvawt in a hmer chhiatna lai chu February thlatawp emaw March thlatir lamah suat then tur. Copper fungicides in i suah tawh thlai ho chu kah a tui pek pahin NPK pek bawk tur.

### **Tih loh tur**

- Khawvawh laiin nutrients pek loh tur, thlai zung a chakloh avangin a la lut tha theilo.
- Lei khawih chet vakloh tur, lei a thawl chuan a hnuai atanga boruak lum rawn chho tur a ti tlem thin.

### **Ran**

#### **Tih tur**

- Zan lamah chuan ran vulh te chungkhuh hnuaiyah dah luh tur, an taksa tih lum nan an mutna tur buhpawl hul phah sak tur.
- Khawvawh laia an taksa tih chaknan an eiturah mineral leh protein dah belh sak tur.
- Khawvawh laiin an taksa chakna mamawh puhruk nan Mineral mixture leh chi leh huit hum, thil thlum etc..@ 10%-20% chu an nitin ei turin pek tur.
- Ar vulh te inchhung boruak th lum nan light dahsak tur.

#### **Tih loh tur**

- Zing lamah bawng/kel phul hmunah tlat tirloh tur.
- Zan lamah bawng/kel pawnah dah loh tur.